



Dedicated to serving the lesbian, gay, bisexual and transgender community of the greater Sacramento region.

sac**center.org**



The Sacramento LGBT Community Center belongs to you, serving Sacramento's LGBT community with space, programming, advocacy and cultural activities in an affirming, compassionate, safe environment. We envision a region where sexual orientation, gender identity and gender expression are recognized as a spectrum of valued personal characteristics that are universally respected and affirmed.



you're welcome.

We support youth and families, build a healthier community and empower authentic lives through programs and services such as:

- Links to resources
- Youth programs
- Support groups
- HIV/HCV testing
- Health services
- Legal clinics
- Trainings & workshops
- Social and cultural events



you're safe.

Feeling alone? Overwhelmed? Need to talk? We have:

- Q-Spot Youth Drop-In Center offering support groups, referrals, mentoring, snacks, laundry and shower facilities for LGBT, questioning andallied youth.
- Lambda Lounge offers adult drop-in respite with peer support, referrals, snacks, relax and rest.



you're needed.

With your help, the Center can continue to grow. Ways you can play a role include:

- Volunteer
- Donate
- Attend Center events
- · Connect via social media or in the community
- Receive news about Center programs and activities

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