

**Community Lead Advocacy Program  
(CLAP)**

Resource Assistance & Advocacy



Resource Support and Navigation \* Call for any questions: 916-678-8853 \*

**COVID-19 Community Connection**

**Testing Sites and Info**

Robertson Community Center	916-567-9567	Free Covid-19 Testing in the North Area/Call for Apt
S.Sacramento Christian Center	916-681-6791	Free Covid-19 Testing in the South Area/Call for Apt
Sacramento Public Health	916-875-2400	COVID-19 Info & Social Distancing Guidelines

**Food Security Resources**

SSIP Food Closet	916-428-5290	Food Pantry in South Sacramento
No Kid Hungry During COVID-19	Text 877-877	Free Meals for Children in your Neighborhood
River City Food Bank	916-446-2627	Food Distribution in Midtown & Arden/Arcade
Sacramento Food Bank	916-949-9026	Links to Mobile Food Banks in the Community
SPCA Paw Pantry	916-504-2803	Free Pet Food During COVID-19

**Family Support**

COVID-19 Homework Lab	916-949-9026	Homework work Support Lab
Mutual Assistance Network FRC	916-567-9567	Virtual Family Groups/Free Diapers
Warmline	916-455-9500	Virtual Learning/Disability Support for Children during COVID-19
Black Infant Health Program	916-875-2229	Maternal and Infant Health Support and Education
Outside The Walls	916-287-1293	Free Household Items for Families & Individuals-Call for Apt.
Chick's In Crisis	916-441-1243	Free Diapers, Baby Food, Clothes
Support For Mothers in Crisis	1-800-773-6667	24/7 Crisis Hotline
All Things Literacy	916-710-2127	Books for All Ages & Literacy Programs for the Youth
Real Men Talk at Sol Collective	sol@solcollective.org	Monthly All Male Forum
Youth Help Line	833-333-2946	Services and Advocacy for ages 16-25
Senior Friendship Line	888-670-1360	Connection and Support for Seniors

**COVID-19 Relief Funds**

SERA Rental Relief Fund	916-449-1266	Rental Assistance for Sacramento City Families
One Fair Wage	ofwemergencyfund.org	COVID-19 Relief For Service Workers
NorCal Resist	916-234-3362	Emergency Funds for Immigrants & Undocumented
Root & Rebound N.California	510-279-4662	COVID-19 Basic Needs Fund for Formerly Incarcerated

**Health and Mental Wellness**

Hope Cooperative (TLCS)	916-737-7483	Crisis Support w/up to 23 hour stay at Respite Center
Gender Health Center	916-455-2391	Counseling, Social Support Groups for LGBTQ and All
Mental Health First	916-670-4062	Phone Support for Mental Health, DV, Safety Planning
Crisis Text Line 741741	Text TRIBE to 741741	Mental Health Crisis Help
Teen Warm Line	888-247-7717	Support Hotline for Teenagers to talk
Sacramento County Medi-Cal	916-874-3100	Free and Low Cost Health Care
Sac County AOD Assessment	916-874-9754	Treatment/Prevention Support for Drugs and Alcohol

**Technology Access**

Assurance Wireless	888-321-5880	Free Cell Phone Service for Low Income
Spectrum Internet	855-243-8892	Free and Low Cost internet for new students&teachers
Wifi Regional Transit Buses	916-321-2877	Free Wifi on Parked Community Buses

**Resources for the Unhoused**

South Sac HART	916-670-2375	Homeless Outreach and Resource Assistance
Bayside Midtown Church	916-706-2337	Showers/Lunches -Call for days and times
Consumer Self Help South Sac	916-394-9195	Day Center>Showers/Laundry/Wellness Groups
Guest House Homeless Clinic	916-440-1500	Access to Mental Health for Unhoused
St. John's For Real Change	916-453-1482	Transitional Housing For Women&Children
The Caring Lotus LLC	916-856-6331	Temporary Housing for Pregnant women
Volunteers of America	916-448-5507	Temporary Shelters and Transitional Housing
Sacramento Stand Down	916-389-8917	Service Provider for Unhoused Vets

**Tenant Empowerment/Eviction Avoidance**

Sacramento Renter's Helpline	916-389-7877	Help for Covid-19 Moratorium on Rents/Tenant Rights
Sacramento Tenants Union	530-564-6245	Sacramento Tenant Advocacy and Activism
Salvation Army	916-678-4050	Rental and Utility Assistance

**Community Response Orgs/Safety Planning**

Community Against Social Harm	916-856-2900	Peer Support and Harm Reduction for Sexual Harm
She Could Be My Daughter	916-533-8465	Advocacy, Support, Workshops for Black Community
WEAVE	916-920-2952	Sexual Assault/Trafficking,DV,Stalking Services

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